

# **Synergy Dance Academy**

## **Classes For Our Pre K Program**

**Fairy Tale Ballet** - This class is specifically designed for ages 3-4 beginning ballerinas. During this class your dancer will discover the magic of fairy tales through the eyes of ballet. They will learn 5 classic ballet/fairy tales with dances and an understanding of the story behind each ballet/fairy tale. This class provides an in studio performance for family and friends every 5th week and a year end recital performance. Our chosen stories are listed under the tab for each day.

**Pre K Tap** - This class is another great beginner class for dancers age 3-4. Tap focuses on basic tap terminology and movement while enhancing motor skills, spatial awareness, balance, coordination, as well as etiquette and peer interaction. Studying tap will also help your dancer with counting and their musicality in other areas of dance. It's a fun subject for new dancers and they love to make noise with their shiny tap shoes!

**Pre K Hip Hop** - In this class your dancer will "find their own rhythm". Dancers will be encouraged to freestyle at times in class as well as follow instructed choreography. The music is faster, the moves are bigger and the atmosphere is happy! This is a great starter class for dancers age 3-4 with lots of energy and a desire to dance around.

**Pre K Tumbling** - This class will introduce your young dancer to the proper ways to stretch and the basic elements in beginning gymnastics. They will learn the proper way to arch in a backbend, front and back rolls and many other tricks that will help them gain flexibility and strength for their dancing.

All Pre K classes run for 30 minutes and can also be bundled into a combo class for better pricing.