

JANUARY 2012



SYNERGY NEWS

DANCE · DRAMA · VOICE

SPECIAL POINTS OF INTEREST:

January 9th, 2012—all classes resume

January 17th and 24th—Adult Ballet drop in class. 6:00-6:45 \$7.50 per person per class.

January 20-22—Nuvo Dance Convention & Competition

January 27th & 28th—Drama Workshop with Ms Sheri—details at the front desk

January 28th—Free Workshop—Intermediate Level Hip Hop and Contemporary with Ms Melanie

Come Join Us for a great night of fun—Bowling!!!!

Friday February 10th, 2012 at 7:00pm—come out and help support the Synergy Dance Company with bowling at Merri Bowl Lanes. The cost is \$20.00 per bowler and you get 2 games of bowling, soda, pizza and shoes! No reservations required just show up and have fun!!



Welcome Back Everyone—Happy 2012!!!



SYNERGY PRESENTS—“ALL NIGHT LONG!!”

The dates are set—June 23rd and 24th, 2012.... The place—Lydia Mendelssohn Theater, Ann Arbor... The players—your children!!! Recital may be six months away but we are already planning for this years show to be the best ever. This year’s theme is “All Night Long” We've split the kids into two shows to make sure everyone has the best experience possible and to ensure your dancers perform at their best. Line ups will be going out soon but here’s the plan: All classes for ages 3-5, 5-7, 6-9 and gymnastics will be in the first show each day starting at 1:00pm. All intermediate and advanced dancers will be in the later shows each day starting at 6:00pm. Carrie’s Crew—aka Thursday boys hip hop is in such demand that we have to share them.... Saturday they will perform in the first show at 1:00pm and Sunday they will perform in the second show at 6:00pm. Competition students will be seen in all four shows. So even though our theme is “All Night Long” we are hoping “Not” to keep you there.... All night long! More information will be going our over the next few months.

“Patti’s Principals”

How do we help our children to make good food choices.... Parents—set a good example by preparing nutritious meals and snacks for your family and eat healthy yourself. Children follow by example and chances are if they see you eating better they will also opt for the healthy choice.

Family Friendly Snacks:

Strawberries, Raisins, Apple w/peanut butter, Carrot sticks, Celery, unsalted almonds w/ dried cranberries, fat free yogurt w/ sunflower seeds or dried chopped fruit, Frozen juice bars, Sherbet or Sorbet... start the new year right with healthy eating habits!



Synergy Gear—On Line Store

Help your dancer show their studio spirit by ordering them their own official Synergy Gear. Our on line store is accessible through the website www.synergy-dance.com. Click on the Synergy Gear icon and shop away! We have children, women and men’s sizes with a variety of items for everyone. More styles are added every month so keep checking back for the newest gear choices.

